The itinerary for the 8th grade trip in 2012:

Here is the itinerary for the 7 day Adventure Expedition in the Francis Marion National Forest and to Capers Island State Heritage Preserve. We had to wait on permits for the zip-lining and they came through just yesterday so thank you for your patience and I have moved the saltwater portion of your trip to the end of the week to accommodate tides.

This expedition will have a base camp and will encompassing on average 7 to 10 miles of paddling, hiking and exploration each day with other team building and other activities such as zip lining, orienteering, star constellation identification and more. Thus, you will leave camp approximately by 9 a.m. each morning, with the exception of having the saltwater tour portion at the end of the week on the island. Exploration areas encompass the Santee River Basin, Wambaw Creek & Hampton Creek Plantation areas of the National Forest and the Saltwater Creeks of the Cape Romain National Wildlife Refuge and Capers Island State Heritage Preserve.

Evening programs will vary from Constellation identification, Owl Prowls, Campfire Cooking and more!

Let me know if you have any changes or questions. Attached also is a release form to be signed by each legal guardian or parent.

When you decide, we will need a check 1 month prior to your expedition to confirm it.

Here is a 7 day itinerary:

Breakfast 8 a.m. - 8:45 a.m.

Departures for field trips 9 a.m. from Buck Hall Recreation Area

Return from field trips 5:30 p.m. - 6:00 p.m.

6:30 p.m. - 9:30 p.m., Dinner, Campfire and evening programs

Day of your arrival: **May 13th, 2012** - Set up Base Camp at Buck Hall Recreation Area in the Francis Marion National Forest, McClellanville, SC 29458.

Day 1 - **May 14th, 2012.** *10 A.M. - "Intro to Kayaking & The Sewee Visitor and Environmental Education Center". Meet at 10 a.m. for a safety and overview briefing of habitats and the expedition itinerary. Introduction to native plants and animals plus a visit to Red Wolf enclosure. Have lunch at the center 12 noon -12:45 p.m. and then head to Wambaw Creek for Intro to Kayaking (ACA Certified Class) from 2 p.m. - 5:30 p.m. Head back to Buck Hall Campground for 6:30 - p.m. dinner, showers and campfire evening program. Lunch and Dinner included

Day 2 - **May 15th, 2012**. Upper Wambaw Swamp Wildreness Area Creek Paddle - full day, round trip 9 miles. Includes interpretation of a sub-tropical forest with neo-tropical songbirds and vegetation, plus endangered plants and animals. Creek Swimming at the end of the trip (with life jackets on at all times)! Breakfast, Lunch and Dinner included

Day 3 - **May 16th, 2012** - Hampton Plantation River & Rice Paddle - Lower Wambaw Creek, Hampton Creek Paddle - Paddle to Hampton Island where hundreds of slaves lived and visit Hampton Plantation State Historic Site, mansion and grounds during the visit. This trip eludes into a brackish water system and you will see wild rice and an estuary river system on this paddle. Evening program will include the "Art with silk or Sweetgrass Basket making program". Breakfast, Lunch and Dinner included

Day 4 - **May 17th, 2012** - Hiking the Swamp Fox Passage of the Palmetto Trail (5 miles), Zip lining and Kayaking (5 miles) on Awendaw Creek. This is a "round trip" excursion that begins and ends at your campsite. On this trip you will visit a salt flat area with Sewee and Coastal Plain Indian ruins along the way. Evening program with Native American artifacts. Breakfast, Lunch and Dinner included

Day 5 -**May 18th, 2012** - Coastal Saltwater Kayaking Expedition to Capers Island State Heritage Preserve. This a 5.5 mile paddle one way to the island with the tides. We'll stop at "Blackbird Island" and have lunch half way to the island then set up camp beach front and enjoy the ocean breeze and sunset! *Primitive Camping and no showers on the island! This is the "real deal!". Breakfast, Lunch and Dinner included

Day 6 - **May 19th, 2012** - Island Hike to "Boneyard Beach" with our Marine Biologist/Naturalist. Explore Coastal Beach Ecology and Barrier Island dynamics. Shelling and Paddleboarding included! Overnight Island camping. Breakfast, Lunch and Dinner included.

Day 7 - **May 20th, 2012** - Kayaking back to the mainland and camping overnight at Buck Hall Recreation Area with showers and awards! Breakfast, Lunch and Dinner included.

Full day expedition fees with all food, gear, boats and guided services are \$66 each per day.

Teachers are free, but chaperones and parents pay the same non profit fee. Breakfast, Lunch and Dinner included.

Food Menu:

Basic - Included in your expedition fee of \$66 per person:

6 Breakfast - Variety of Granola, Yogurt, Quiche, Fruit, Eggs, Muffins, Bagels and Sausage/ Bacon, Juice, Coffee

7 Lunches - Variety of Tuna, PBJ, Chicken Salad, Pimento Cheese, Turkey and Ham Sandwiches, plus chips, cookies, crackers, water and gatorade.

7 Dinners - Burgers, Spaghetti, Chicken, Hotdogs, Barbeque, Pizza, sides and desert, plus lemonade and or iced tea

* Upgrade - \$25 more per person (total) - includes Local Shrimp, Fish and Seafood occasionally.

Kathie Livingston & Staff Nature Adventures Kayak & Canoe Outfitters, Inc. "Providing Nature tours for the preservation of the Environment" <u>www.NatureAdventuresOutfitters.com</u> <u>www.KayakCharlestonSC.com</u> 843-568-3222 or 1-800-673-0679